

Spa Retreats

WORTH VISITING

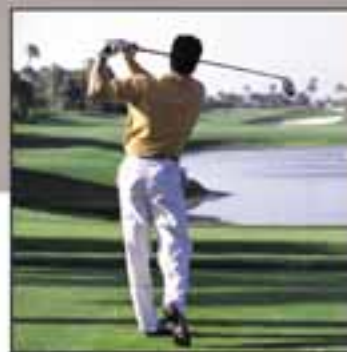
Every traveler deserves a luxurious and somewhat indulgent spa treatment to ease away their stress while on a getaway. Not only do these Florida resorts and hotels feature breathtaking and thoughtful amenities, many of their spas feature dramatic settings and views to encourage a rejuvenation and total body enhancement. Make a reservation and find your Zen here...

waterfront escape

FORT MYERS **Sanibel Harbour Marriott Resort & Spa The Resort**>> Boasting a AAA Four-Diamond designation since 1992, this sophisticated, yet relaxing resort, overlooks Sanibel and Captiva Islands on Florida's Southwest Gulf

Coast. The 85-acre waterfront escape flaunts its captivating views, luxurious accommodations that are decorated with an "Old Florida Beach House" feel. Guests take pleasure in genuine Florida decor highlighting warm earth tones of sand, melon and olive hues with burgundy accents that

OCEANFRONT EXCELLENCE



Ponte Vedra Inn & Club

The Atlantic Ocean serves as the dramatic backdrop for the **AAA Five-Diamond** rated Ponte Vedra Inn & Club. 250 luxurious rooms and suites, beach, golf, tennis, fitness, spa, fine dining, shopping and award-winning hospitality.

— *A Florida favorite since 1928* —

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compliment the natural wood and bamboo furnishings.

The Spa>> The Spa at Sanibel Harbour Marriott Resort offers guests and local visitors a truly rejuvenating experience. With 40,000 square feet of pampering space that includes 29 private treatment rooms, spa-goers discover the perfect escape into tranquil luxury. Guests of The Spa choose from more than 60 beauty and body care treatments with options from soothing massage services, body wraps and scrubs to revitalizing facials, manicures, pedicures and a full service salon. Spa-lovers choose a quick retreat or from one of the full- or half-day packages. 800-767-7777, 239-466-4000, www.sanibel-resort.com

historic landmark

PONTE VEDRA **Ponte Vedra Inn & Club**

The Hotel>> The historic Ponte Vedra Inn & Club has been a northeast Florida landmark since its celebrated opening in 1928. Located in the tiny seaside village of Ponte Vedra Beach, just 20 miles southeast of Jacksonville, this AAA Five-Diamond rated oceanfront resort has graciously welcomed four generations of vacationing guests with elegance and charm.

Graceful palms, rolling dunes and the Atlantic surf provide a dramatic backdrop for the resort's 250 luxurious rooms and suites, the majority of which enjoy breathtaking ocean views. Recreational pleasures include the beach, two seaside golf courses, tennis, pools, and oceanfront gym. Additionally, biking, fishing, sailing and horseback riding combine to create a year-round sporting paradise.

For the socially minded, three restaurants offer imaginative cuisine ranging from classic to casual while shopping

enthusiasts enjoy eight delightful boutiques.

The Spa>> The region's largest luxury spa features a menu of more than 100 pampering treatments. Featured are 22 treatment rooms (two for couples), indoor waterfalls, a spa dining room, beauty salon, retail shop, luxurious locker rooms and an outdoor pool complete with therapy grottos. In all, a seductively beautiful environment awaits. 800-234-7842, www.pontevedra.com

unique oceanfront location

MIAMI **Canyon Ranch Hotel & Spa**

The Hotel>> Complemented by its unique oceanfront location along 750 feet of unspoiled beach, Canyon Ranch Miami Beach features 150 spacious guest suites and 480 residential units, and offers a comprehensive luxurious wellness experience through a combination of renowned and respected practices incorporating the vibrant environment of Miami Beach. This tropical setting lends itself to the transformation of guests, coupled with the experiential, integrative services found only at Canyon Ranch.

Spanning six acres, three distinct towers, and 750 feet of beach front; this distinct boutique spa hotel accentuates its urban tropical setting with guest features and amenities designed to inspire wellness vacationing in an atmosphere that will define the luxury of depth.

The Spa>> David Rockwell and Rockwell Group designed the public spaces throughout the property, including a 70,000-square-foot wellness spa with a total of 54 treatment areas. The highlight of the wellness spa is the advanced therapeutic Aquavana™. Canyon Ranch is the first wellness facility to offer a complete European thermal suite of its kind in the United States featuring an

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oasis of water therapies, thermal spa cabins, tubs and aquathermal bathing experiences. 800-742-9000, www.canyon-ranch.com

awe-inspiring views

MIAMI Conrad Miami
The Hotel>> South Florida's premier luxury hotel, Conrad Miami, overlooks the awe-inspiring views of Biscayne Bay and provides discerning travelers with convenient access to all of South Florida's hot spots!
 Guestrooms, suites and residences feature modern amenities and unparalleled views of the city and Biscayne Bay. All room types feature upgraded extras including a pillow menu, and work station with high-speed Internet access.
 The Rooftop, a poolside oasis boasting private cabanas, a hot tub and finely-manicured tennis courts, and a beautiful Spa invites guests of the Conrad Miami to relax and restore, as stunning vistas of the city and Biscayne Bay unfold below. 305-503-6500, www.conradhotels.com

23 acres of lush gardens

WESTON Hyatt Regency Bonaventure Conference Center & Spa
The Hotel>> Hyatt Regency encompasses the full spectrum of hotel types, with individual properties offering a full range of services and dining options tailored to serve the needs of conventions, business travelers or resort vacationers. British colonial style highlights the room features one king or two full-size beds with plush bedding, flat-screen or LCD TV, desk with two chairs and marble bath with walk-in shower, tub and bidet. Luxurious amenities include the Hyatt Stereo MP3 docking station/radio, microwave oven, small refrigerator and both wired and wireless Internet access. Sleeping rooms with balconies present lush views of hotel grounds.

The Spa>> The 48,000-square-foot Red Door Lifestyle Spa by Elizabeth Arden, features both short and long term indulgence of relaxation. The spa features 30 treatment rooms, a Zen Garden, fitness classes, Pilate's studio, hot yoga room, movement studio, sauna, steam room, fitness and weight room, lecture room and the Bamboo Spa Café which places an emphasis on nutritional value and delectable taste. Our team of professionals is ready to assist guests who want to create a perfect Fort Lauderdale spa vacation, from the highly trained massage therapists and stylists to personal trainers and fitness instructors. 954-616-1234, www.bonaventure.hyatt.com 🌿

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