

where to enjoy...



COURTESY OF BILTMORE HOTEL

a great brunch!

Whether it's a special occasion, an opportunity for friends to catch up, or a pleasant start to a lazy vacation, Brunch is a meal for relaxation and good company.

South. What could be more chic than celebrating your weekend in South Beach and waking up to a five star Champagne Brunch. **The Biltmore** offers one of the country's most celebrated - and lavish - champagne brunches. Every Sunday in Fontana's stunning courtyard, the extravagant buffet features delicacies such as caviar, smoked salmon, shell fish, carved meats, fresh omelettes, pastas, sushi and more. Brunch culminates with a wall of deserts prepared to perfection by Executive Pastry Chef Olivier Rodriguez. With live entertainment, the grand American

Sunday Brunch combines European flair, Latin exuberance and Miami's very own tropical style. Reservations recommended. \$75 per person.

If you prefer to start your Sunday with a BAM!, **Emeril's** is nestled in the historic St. Moritz Hotel building at the **Lowes Miami Beach Hotel**. The Chef's food bar or the outdoor terrace overlooking the Ocean is the ideal spot for a mimosa...Brunch items include a savory sunrise specialty like Grand Marnier Citrus French Toast with Berry Compote and Eggs Tchoupitoulas - Poached Eggs,



Homemade English Muffin, Apple Smoked Bacon, Sauteed Asparagus and Lump Crab Hollandaise.

Central Florida offers a tempting array of tastes to start off any good Sunday. Located in **The Peabody Orlando**, **Capriccio Grill** is luscious and enticing. Salads, pastas, freshly baked breads, croissants, pastries, mountains of jumbo shrimp, crab, smoked salmon, and saddles of lamb, beef and ham are just some of the delights. Desserts are decadent and deliberately so.

Fiddler's Green, an iconic Winter Park pub, not only pours a great pint of Guinness, but also happens to serve up some fine fare. The Sunday brunch features a traditional Irish breakfast with plenty of eggs, bangers and mash, or order from the extensive lunch and dinner menu that includes items like shepherd's pie.

With two seatings each week, the Gospel Sunday Brunch at **House of Blues** at Downtown Disney West Side showcases inspiring gospel performers. The buffet features decadent Southern delights like honey-baked ham, biscuits and gravy, chicken jambalaya, macaroni and cheese and bread pudding.

A favorite of locals for years, **La Coquina** at the **Hyatt Regency Grand Cypress** features an ever-changing buffet of food that stretches into the kitchen - everything from eggs Benedict and waffles to freshly prepared chicken and seafood dishes.

Along the **Central West Gulf Coast**, **Jackson's** is where every foodie converges on a Sunday morning. From sushi to a chef attended omelette station, this Tampa must do offers over 60 items that include breakfast, lunch and delicious desserts. Brunch at Jackson's can be enjoyed on the outdoor patio or in a cozy booth.

Overlooking the pier in St. Petersburg, brunch at **Marchand's Bar & Grill**, located within the historic **Renaissance Vinoy**, features a delectable array of food items, pleasing to any discriminating palate. In addition to brunch items, guests can enjoy a cavier tasting or chef's tasting plate. To celebrate a truly momentous brunch, the **Yacht StarShip** provides you with a delightful selection of breakfast and lunch style foods. The forward section of the first deck dining room is converted into a traditional Brunch Buffet, complete with all of your favorite starters, breakfast, and lunch items. Your server will then serve your dessert tableside. Along with the delicious food selection, passengers are provided with a historical narration of Tampa Bay's rich **continued on page 108**

Ophelia's on the Bay

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The Breakfast House

"Charming and Quaint" Sarasota's newest and most talked about dining experience. The Breakfast House, located on Fruitville Road, in the city's downtown neighborhood (look for the yellow house with the white picket fence), has become one of the most popular breakfast and lunch eateries to hit the city in years.

What was once a dilapidated and neglected Key West-style bungalow has been lovingly renovated. Designer and owner Wendy Lee realized the potential of her diamond in the rough and after a breathtaking revitalization of the property, today guests can savor their meals amid crisp white table cloths, polished oak floors and pastel colored napkins. A Key West ambiance.

However, it's the menu that draws visitors in. A hint of coconut where you'd least expect it. An edible orchid served alongside a fluffy pancake. The collaboration of design, intuition and a few "secret" ingredients, draws in foodies to start their day off with a fusion of mouthwatering tastes.

Wendy Lee Goldberg, owner of the The Breakfast House, and John Dickinson, the culinary expert in the kitchen, ideally combine their creativities and penchant for the unique to develop new recipes and enhance more tradi-

tional menu items. Customers come for the signature Key West Benedict (lobster and shrimp) or "Island Cakes" - freshly shredded coconut, macadamia nuts and sliced fresh pineapple that is grilled with light and fluffy pancake batter and flipped so it looks like a flower on the plate.

Lunch is served daily from 11 a.m. till 2 p.m., and features menu items that include a Key West Lobster Wrap, enhanced with pineapple, mango and cilantro, and the Jolly Mon Salad, grilled scallops, fresh mango & Clementine's served over mixed greens and finished with slivered almonds, smoked gouda and mango poppy seed dressing.

Follow the yellow brick road to the outdoor garden where diners can eat under the cascading oak trees.

The Breakfast House is open Tuesday-Saturday from 7:30 a.m. till 2 p.m. and 8 a.m. on Sundays, Closed Mondays for the summer months.

For information call 941-366-6860. ☪



The Breakfast House
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1817 Fruitville Road • Downtown Sarasota
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941-488-3177

Pop's Sunset Grill - 112 Circuit Road - Nokomis, Florida

Directions: U.S. 41 into Nokomis. Go West. on Albee Road., just prior to Gulf Harbor Marina and Intracoastal bridge, turn left on Circuit Road., restaurant is one block on the right.



South Beach

BAR & GRILLE

South Beach Bar and Grille is situated on the *white sand beach of Boca Grande, FL.*, Southwest Florida's most beautiful barrier island. Spectacular sunsets and panoramic views of the Gulf of Mexico are main courses on the menu, but the real star of the show is the food.

South Beach specializes in fresh local fish prepared with an innovative island flair, and also offers shellfish, steaks, ribs, chicken, salads and pasta. Try the signature Seafood Strudel for an appetizer and follow with the famous Grouper Gaspar or Caribbean Cioppino. Open for lunch and dinner seven days a week, it is unrivaled in Southwest Florida for its quality, range of menu and proximity to the beach. With 150 open air seats nestled next to the white sand and a large bar and dining area inside, all overlooking the Gulf, it is the premier gathering spot in the area. South Beach Bar and Grille is available for private parties or elegant beachfront weddings.

South Beach is operated by executive chef and owner Marco Meola and owner Bart DeStefano. Marco is a graduate of the University of South Florida with a culinary management degree. He worked as manager of Smitty's Steakhouse in Ft Myers and Rib City in Ft. Myers before spending twelve years as bar manager of South Beach. Bart is a

graduate of New York Law School and is the former owner of Portofino Restaurant in Greenwich, CT and Portofino Clam House in Norwalk CT. He is also the former General Manager of the Sunset Grille at Cove Marina in Norwalk, CT where he learned to appreciate the advantages of waterfront dining. Now in their third season operating the restaurant they have redecorated and upgraded the menu to make it the finest waterfront restaurant in the area. Whether dining in their newly expanded beachfront seating, having drinks at the cocktail tables in the sand or enjoying sunset in the colorful Adirondack chairs, you get the feel of a fine resort on a tropical isle. In fact, that is exactly where you are! 🌴

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(For Lakewood Ranch location take exit 213 off University Exit - East of 79 by Fairfield Invt)

sea-port history.

We Recommend...

SARASOTA>> The [Broken Egg Restaurant](#), Gift shop & Gallery has been a must-see area tradition since 1985. This local favorite is best known for its unwavering fresh fare and uncommonly friendly service.

Experience award-winning breakfast and lunch on the deck in a tropical setting or indoors surrounded by an art gallery. Relax with views of sunset's beautiful colors during dinner at the Siesta Key location.

Discover why many celebrities dine at their Siesta Key, Sarasota & Lakewood Ranch locations. Visit the newest Broken Egg location at 4031 Clark Road in Sarasota! Each location is open from 7:30 a.m. to 2:30 p.m. 140 Avenida Messina, [Siesta Key Village](#), 941-346-2750

6115 Exchange Way, [Lakewood Ranch](#), 941-388-6898

4031 Clark Road, [Sarasota](#), 941 922-2868

NOKOMIS>> [Pop's Sunset Grill](#) is popular with locals for their friendly staff, casual waterfront attitude and abundance of food. In fact, it's commonplace to see the restaurant's onsite dock lined up with boaters waiting for an open slip, on a sunny afternoon.

Appetizers, deemed Mooch's Munchies for the resident dolphin that inhabits the waters near the restaurant, sound like they could be meals in themselves and range from \$6.65 for fried gator bites or calamari to \$8.69. Entrees feature Sunset Signature Sandwiches including a Mahi Reuben and Crab Salad. Children's entrees and "fry" baskets are available.


Unique to Pop's Sunset Grill is the convenience of account access. Guests may customize their ordering by reviewing, editing, or changing past orders online. 941-488-3177, www.popsunsetgrill.net

VENICE>> As Venice and Sarasota's only Gulf Front restaurant, [Sharky's](#) has evolved into a community landmark, offering patrons breathtaking sunset views from the restaurant's Upper Deck, live entertainment and some of the freshest seafood and variety of menu items around.

Located at the base of the Venice fishing pier, guests are invited to dance to the rhythm of live bands that play Wednesday through Sunday. Both the indoor seating area or Sharky's Outer Tiki Bar are perfect for enjoying a frosty drink and meeting friendly locals.

Sharky's on the Pier is open Sun. thru Thurs. 11:30 a.m. - 10 p.m. Friday and Saturday 11:30 a.m. - Midnight. 941-488-1456, www.sharkysonthepier.com 🌐

Smack Dab on the Gulf...Sharky's!



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